

## Continuum Movement and Shamanic Journeying with Malcolm Groome

Continuum Studio Santa Monica, CA March 21 and 22, 2009 10 am - 6 pm

This experiential workshop will alternate Continuum sequences, journeying to shamanic drumming, and guided meditation. Day One we will call on Power Animals, trace our Primal Wounds, engage in Soul Retrieval, and move into Deep Healing. Day Two we will invoke Empowerment for our lives, open to Evolutionary impulses, receive Visions for our Future, and rest into Stillness. Throughout our time together, we will partner with the Spirit underlying and permeating all things. Flowing with form and aware of the formless, we move into the Wholeness of an Embodied Spirituality.



MALCOLM GROOME, Continuum teacher and shamanic practitioner, teaches workshops and retreats in the United States and Europe. He seeks to bring to others a sense of the Great Mystery and a greater degree of Presence in their lives and in their bodies.

Location: Continuum Studio, 1629 18th Street, Studio #7, Santa Monica, CA 90404

Fee: \$200 before February 28th; \$235 after March 1st

To register or for more information, send email to Malcolm at otorongo@earthlink.net

Website: Otorongo's Lair at malcolmgroome.com